

PRICE LIST

Memberships and casual visits

BALANCE MAYFIELD	DD/mth	12mths	6mths	1mth
Comprehensive Membership (gym and aquatics)	\$66.50	\$800.00	\$460.00	\$86.50
Comprehensive Concession (gym and aquatics)	\$53.50	\$640.00	\$368.00	\$69.00
Gym Membership	\$54.00	\$650.00	\$374.00	\$70.50
Gym Concession	\$43.50	\$520.00	\$299.00	\$56.50
Aquatics Membership	\$36.00	\$440.00	-	\$47.50
Aquatics Concession	\$30.00	\$352.00	-	\$38.00
Swimming Membership	\$27.50	\$330.00	-	\$36.50
Swimming Concession	\$22.00	\$264.00	-	\$29.00
Heartmoves Membership (Heartmoves only)	-	\$150.00	-	-

BALANCE NEW LAMBTON	DD/mth	12mths	6mths	1mth
Gym Membership	\$43.00	\$520.00	\$299.00	\$56.50
Gym Concession	\$34.50	\$416.00	\$239.00	-
Heartmoves Membership (Heartmoves course only)	-	\$150.00	-	-

BOTH FACILITIES	DD/mth	12mths	6mths	1mth
Platinum All Access (Mayfield and New Lambton including Aquatics)	\$71.00	\$850.00	-	-
Platinum Concession	\$56.50	\$680.00	-	-

CASUAL GYM USAGE	Mayfield	New Lambton
West's Member	\$17.00	\$12.00
Concession (West's Members)	\$14.00	\$10.00
10 Visits	\$110.00	\$95.00
20 Visits	\$200.00	\$170.00
Heartmoves	\$10.00	\$10.00
Non West's Member	\$25.00	\$20.00

CASUAL AQUATICS USAGE (Mayfield only)	Swimming	Aqua Aerobics
West's Members	\$4.00	\$10.00
Concession (West's Members)	\$3.00	\$8.00
10 Visits	\$35.00	\$80.00
10 Visits Concession	\$25.00	\$65.00
20 Visits	\$65.00	\$160.00
Non West's Members	\$6.00	\$15.00

LEARN TO SWIM (Mayfield only)	1st Child	2nd Child	3rd Child
1 Lessons	\$11.00	-	-
10 Lessons	\$90.00	\$85.50	\$80.10
20 Lessons	\$175.00	\$166.00	\$155.20

PRIVATE LEARN TO SWIM (Mayfield only)	1 Child/Adult
1 Lesson	\$35.00
5 Lessons	\$125.00

SPECIALISED PROGRAMS TO MEET INDIVIDUAL NEEDS

Mind and Body	Individual	Bulk Price
Pilates Reformer (Balance Members)	\$10.00	\$80/10 lessons
Pilates Reformer (West's Members)	\$15.00	\$120/10 lessons

Rehabilitation	Individual	
Massage	\$70.00	-
Sauna/Spa/Ice Bath	\$150.00	-
(Includes first consultation and 10 visits)		
(A medical assessment must be completed by an approved staff member before first visit.)		

Personal Best Club (maximum 8 participants)	
Balance Member	\$280.00 / 24 sessions
West's Member	\$380.00 / 24 sessions

PERSONAL TRAINING	Individual	Bulk Price
Twin Pack* (2 x 30 mins)	\$45.00	-
30 mins (1 on 1)	\$30.00	\$250.00 / 10 sessions
60 mins (1 on 1)	\$50.00	\$540.00 / 18 sessions**
60 mins (1 on 1)	\$50.00	\$420.00 / 12 sessions**
60 mins with a buddy	\$80.00	\$720.00 / 18 sessions**

* Introductory offer. One pack per member only

** Number of sessions can be varied

1. All Balance members are required be a member of Western Suburbs (N'cle) Leagues Club.
2. All new memberships incur a \$25 establishment fee.
3. Cancellation of membership requires 30 days written notice. Cancellation fees apply.
4. If you are a member of either Balance Mayfield or New Lambton you can access the other site for \$5.00 per visit.
5. Multi visit packs (10 and 20 sessions) are valid for 12 months. Must be a West's member to purchase.
6. Concession discounts only available when a valid concession card is shown.
7. Minors (under 18) must be supervised by an adult.
8. For pool availability, members must contact Balance Mayfield.